

**FREE class for new or expecting parents, grandparents and caregivers to learn how to avoid infant injuries.**

# **SAFE START TO PARENTING**

## **Virtual Classes:**

July 16th (5-6pm)  
August 6th (10-11am)  
August 20th (5-6pm)  
September 3rd (10-11am)  
September 17th (5-6pm)  
October 1st (10-11am)  
October 15th (5-6pm)

## **In-Person Classes:**

July 23rd  
August 27th  
September 24th  
October 22nd

All classes are held from 6-7pm  
at Arkansas Children's Hospital

Register today by using the QR code below or at  
<https://www.surveymonkey.com/r/SafeStartACH>



For questions or more  
information, contact Lessa at  
[paynelm@archildrens.org](mailto:paynelm@archildrens.org) or  
501-364-3414

