



HOSPITALS • RESEARCH • FOUNDATION



## PIGG-O-STAT®

### What is the Pigg-O-Stat®?

It is one of the best methods to help children remain in a still, upright position for chest x-ray exams even though the device looks funny. The child sits on a small, adjustable seat with two plastic supports that fit snugly around their sides, keeping their arms raised.

### Will it hurt my child?

The Pigg-O-Stat® will not hurt your child but may make them mad, since they will not be able to move.

### What if my child cries?

As bad as it sounds, crying actually allows the x-ray technologist to take a better picture because your child is taking in deeper breaths.

### How are the pictures taken?

Radiology staff will bring your child and you into the x-ray area.

- A chest x-ray usually takes about 5-10 minutes. The test may take longer due to special needs.
- Your child will need to take off any clothing that is in the area being x-rayed.

### Who performs the test?

A radiology technologist, a person licensed and trained to take the x-rays, will take the pictures and check them to make sure they are of good quality.

### How do I get the results?

- A pediatric radiologist, a doctor specially trained to read children's x-rays, will look at the pictures and send a report to your child's doctor.
- You can also view your results within 72 hours in MyChart. Please see someone at our front desk about signing up for MyChart.

### Are there any risks?

- At Arkansas Children's we take many steps to order to lower the radiation dose to your child.
- Radiation in general is a risk. However, the amount of radiation used is the smallest amount possible to get the best pictures.

### What happens after the test?

The technologist will give you any special instructions and let you know when your child can leave.

After the test, your child may eat or drink as usual, unless your child's doctor tells you not to feed him.

### What can I do to help?

- If you remain in the examination room with your child during the x-ray, you must wear a lead apron.
- Your child may be upset or feel your anxiety. Speak calmly and firmly to reassure your child.
- Praise him or her for being cooperative and helping the x-ray technologist.
- Listen closely to the instructions the technologist gives your child. Ask how you can assist.

**NOTE:** A parent/guardian will be allowed to accompany the child into the exam room; other arrangements should be made for siblings and other children. Women who are pregnant, or may be pregnant, will be asked to leave the exam room during the procedure. Please make sure that there is someone else available to accompany the child during the exam, if needed.

## PREPARING MY CHILD

### Infants

Although you cannot explain the test to your baby, you can help him or her feel more secure during the test if you:

- Bring a special blanket, toy or pacifier.
- Comfort him or her with your presence and calm voice.

### Toddlers and preschool-age children

Young children can become anxious about having a test done, so the best time to talk with your child is right before the test.

- On the day of the test, tell your child that he or she will be having some “pictures” taken, so that the doctor can help them feel better.
- Use simple words and be honest with them.
- When you come to the hospital, bring a favorite book, toy or blanket.

### Photographs/Videos

The privacy of our patients and staff is important to us. No photographs or videos are allowed. Please turn off your cell phone before entering the x-ray exam room. Thank you for respecting the privacy of others.



PATIENT NAME: \_\_\_\_\_

APPOINTMENT DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

PATIENT PREPARATION/SPECIAL INSTRUCTIONS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Radiology Department at Arkansas Children's Hospital**  
(501) 364-4912 • Open 7 days a week, 24 hours a day

In case of an urgent concern or emergency, call 911 or go to the nearest emergency room right away. This is general information and is not specific medical advice for your child. Always consult your child's doctor or other healthcare provider if you have any questions or concerns about the care or health of your child.